

Mothers: Is Your Child Suffering From Reflux?



Conservative, Drugless Approach May Be Your Child's Best Answer

As you know, prescription drugs are never a minor thing in a small child.

The majority of drugs given to children have never been tested specifically for them. Physicians are prescribing drugs based on a "best guess" as to the dosage, efficacy and even safety. The FDA understands that giving medications to children for which there is only adult data available could be harmful, considering that children have dosing concerns and side-effect risks that differ from adults.

One study that analyzed data of more than 1 million babies found a sevenfold increase in the amount of acid reflux medication prescribed to infants between 1999 and 2004.

About .5 percent of the infants studied in the research received the medication within the first year of their lives, and half of those babies received the drugs before they were 4 months old.

Before submitting to these drastic measures, you need to know harsh drugs are not your only choice...

How Is Chiropractic Care Different Than Anything Else You've Tried?

Are you tired of frequent interrupted sleep, excessive intestinal gas, frequent vomiting, excessive crying and/or difficulty breastfeeding?
These are the most common signs of Gastroesophageal Reflux Disease (GERD).

The good news is conservative chiropractic care is beneficial in resolving GERD and the discomfort that comes with the disease.

Documented cases have shown notable improvement in the patient's symptoms within four visits and total resolution of symptoms within three months of care.

Did you know...

Fact #1: Prescription drugs given for GERD are harsh usually containing 15% alcohol.

Fact #2: One medication usually doesn't "do the trick" so multiple prescriptions are often prescribed.

Fact #3: Gastric acid is an early line of defense against bacteria. By prescribing acid reflux medication, the babies are at higher risk for pneumonia and gastroenteritis.

Fact #4: Dietary changes for the infant or breast feeding mom are often needed and rarely addressed in treatment of GERD.

Meet Dr. Nicole Owner of Balance Chiropractic

- She was born and raised in the Birmingham area
- She graduated from Auburn University with honors in Nutrition
- She was one of twelve accepted to the Registered Dietitian program at the University of Alabama at Birmingham
- She completed her Masters from the University of Alabama at Birmingham with honors in Exercise Physiology
- She completed her Doctorate from Life University with honors in Chiropractic

Dr. Nicole Ussery, of Balance Chiropractic, has an impressive history of treating GERD and relieving the discomfort that comes with this disease:

Fact #1: She is one of only a few chiropractors in the state specializing in pediatric care.

Fact #2: Published research reveals that after receiving a series of chiropractic adjustments, notable improvements are seen and within 3 months total resolution of symptoms is common.

Fact #3: Treatments are safe, effective and certainly something parents should try before allowing harsh drugs or surgery.

For fastest relief, call **Dr. Nicole** directly at **205-823-7890**.



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