



# MOTHERS:

## Is Your Child Suffering With Ear Infections?

### Conservative, Drugless Approach May Be Your Child's Best Answer

As you know, surgery and general anesthesia are never a minor thing in a small child.

Before submitting to these drastic measures, you need to know surgery and tubes are not your only choice.

### How Is Chiropractic Care Different Than Anything Else You've Tried?

Did you know frequent ear infections are the second most common reason for surgery in children under two years of age?

In the case of antibiotic treatments, if fluids haven't cleared from your child's ear after several months, hearing loss can occur.

When this happens, your child's specialist may prescribe surgical procedures called myringotomy and tympanostomy ... more commonly known as "ear tubes."

### In contrast, conservative chiropractic care mobilizes drainage of the ear naturally.

The result being, ears continue to drain without a buildup of fluid and subsequent infection.

Once this happens, your child builds up their own antibodies and they recover more quickly.

### The New Guidelines...

*A recent observation published by the American Academy of Pediatrics and the American Academy of Family Physicians advocates the "wait and watch" approach for all cases of earaches.*



**Fact #1:** Each course of antibiotics given to a child can make future infections more difficult to treat.

The result is an increase in the use of a larger range of and generally more expensive antibiotics.

In addition, the benefit of antibiotics for Acute Otitis Media is small on average and must be balanced against potential harm of therapy.

**Fact #2:** About 15 percent of children who take antibiotics suffer from diarrhea or vomiting and up to 5 percent have allergic reactions, which can be serious or life threatening.

The resistant bacteria in a child can be passed to siblings, other family members, neighbors, and peers in group care or school settings.

**Fact #3:** The New Guidelines set by the American Academy of Pediatrics and the American Academy of Family Physicians provides an “**option to observe** for select children and only start antibiotic treatment if symptoms have not improved in 48-72 hours”.

**Fact #4:** Approximately 80 percent of children with Acute Otitis Media get better **without** antibiotics.

And children whose ear infections are not treated immediately with antibiotics are not likely to develop a serious illness.

## **Meet Dr. Nicole Owner of Balance Chiropractic**

- She was born and raised in the Birmingham area
- She graduated from Auburn University with honors in Nutrition
- She was one of twelve accepted to the Registered Dietitian program at the University of Alabama at Birmingham
- She completed her Masters from the University of Alabama at Birmingham with honors in Exercise Physiology
- She completed her Doctorate from Life University with honors in Chiropractic

**Dr. Nicole Ussery**, of Balance Chiropractic, has an impressive history of restoring normal ear drainage back to children without the need of painful or invasive treatments:

**Fact #1:** She is one of only a few chiropractors in the state specializing in pediatric care.

**Fact #2:** Published research reveals that after receiving a series of chiropractic adjustments, nearly 80 percent of children treated are free of ear infections for at least six-months following their initial visits.

**Fact #3:** Treatments are safe, effective and certainly something parents should try before allowing surgical insertion of tubes in their children's ears.

For fastest relief, call **Dr. Nicole** directly at **205-823-7890**.

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